

8TH ANNUAL CONVENTION ON PREVENTIVE CARDIOLOGY

January 24 – 26, 2008
Carlos P. Romulo Auditorium
RCBC Plaza, Ayala Avenue
Makati City

PROGRAMME

Day 1
Thursday
Jan. 24, 2008

0700 – 0800 REGISTRATION
VISIT THE EXHIBITS

SYMPOSIUM I
Chair: Zenaida Uy, MD

0800 - 0830 The Epidemiology of Atherosclerosis Edwin Tucay, MD

0830 –0900 The Prenatal Environment and
Subsequent Cardiovascular Diseases Adolfo Bellosillo, MD

0900 – 0930 Cardiovascular Adaptation to Pregnancy Ma. Simonette Ganzon, MD

0930 – 1000 OPEN FORUM Diana Jean Roxas, MD
Moderator

1000 –1030 STRESS DOWNLOAD HI EISAI
VISIT THE EXHIBITS

SYMPOSIUM II
Chair: Marcelino Felisarta, MD (Iloilo Chapter)

1030 – 1100 Arterial Wall – Platelet Interactions and
The Role of Prostacyclins Saturnino Javier, MD

1100– 1130 Inflammatory and Immune Systems in
Atherogenesis Ken Villanueva, MD

1130 – 1200 Serum Lipids and the Risk for Atherosclerosis Alberto Atilano, MD

1200 – 1230 OPEN FORUM Max Butardo, MD
(FLEHD Ilocos Sur Chapter)
moderator

1230 – 1300 LUNCH PASCUAL
VISIT THE EXHIBITS

Symposium III

Chair: Delfin Dayan, MD (FLEHD Agusan del Norte Chapter)

1300 - 1330 Hypertriglyceridemia: Risk for Atherosclerosis
and Its Management Jaime Cayetano, MD

1330 - 1400 High Density Lipoprotein Metabolism: How Can
One Elevate Its Blood Level Elson Sedilla, MD

1400 – 1430 The LDL/HDL Ratio: A Valuable Tool in
Atherosclerosis Risk Evaluation? Efren Vicaldo, MD

1430 - 1500 OPEN FORUM Valeriano Combate, Jr, MD
(Cagayan Chapter)
moderator

1500 – 1530 STRESS DOWNLOAD CARDIODYNAMICS
VISIT THE EXHIBITS

1530 CONVOCATION

Marshals

Dr. Jose Sanchez
Dr. Rey Lapak

Entrance of Colors

Entrance of Convention Faculty

Entrance of Chapter Officers and Faculty

Entrance of FLEHD Officers

Entrance of FLEHD Board of Trustees

Entrance of Keynote Speaker

Invocation	Dr. Arnel Asino (FLEHD Laguna Chapter)
The Philippine National Anthem	Dr. Benbenato Garcia (FLEHD Batangas Chapter)
FLEHD Prayer (“A Prayer To Serve”)	
FLEHD Hymn (“Save Them We All Must Go”)	
Introduction of Guests	Dr. Vincent Valencia
Words of Welcome	Mr. Jose S. Concepcion Chair: FLEHD Board of Trustees
SOFA (State of the Foundation Address)	Dr. Adolfo Bellosillo FLEHD President
Launching and Induction of Officers and Faculty of Newly Organized FLEHD Chapters	Mr. Jose Concepcion Dr. Adolfo Bellosillo
Introduction of the First Imelda O. Cojuangco Lecture and Keynote Speaker	Dr. Otilia Garcia

KEYNOTE ADDRESS

“The Need for Effective Lipid Management in the Control of
Atherosclerotic Disease Processes”

Jennifer G. Robinson, MD, MPH
Associate Professor
Departments of Epidemiology and Medicine
Director, Lipid Research Clinic
University of Iowa, USA

CONCERT

“How to Remain Young At Heart”

Ramon Acoymo, tenor
(Dean, U.P. College of Music)
Jai Sabas Aracama, mezzo soprano
(Directress, U.P. Concert Chorus)
Jeremiah Calisang, tenor and pianist
Keith Segura, baritone

I

“Out There”	Music by: Jeremiah Calisang Lyrics by: A. B. Bellosillo, MD
“My Beloved One”	Music by: Jeremiah Calisang Lyrics by: Jeremiah Calisang
“The Root Cause Of It All”	Music by: Jeremiah Calisang Lyrics by: A. B. Bellosillo, MD
“This Thing Called Angina”	Music by: Jeremiah Calisang Lyrics by: A. B. Bellosillo, MD
“Look Into Your Family Tree”	Music by: Jeremiah Calisang Lyrics by: A. B. Bellosillo, MD
“Haw Haw Hee”	Music by: Jeremiah Calisang Lyrics by: A. B. Bellosillo, MD
“Hypertension: The Silent Killer”	Music by: Jeremiah Calisang Lyrics by: A. B. Bellosillo, MD
“Smoke Gets In Your Heart”	Music by: Jeremiah Calisang Lyrics by: A. B. Bellosillo, MD
“Cholesterol: The Good, The Bad And The Ugly”	Music by: Jeremiah Calisang Lyrics by: A. B. Bellosillo, MD

Interlude

“You Lift Me Up”	Keith Segura, baritone
“Telebong”	Dean Ramon Acoymo, tenor

II

“Exercise To Your Heart’s Content”	Music by: Jeremiah Calisang Lyrics by: A. B. Bellosillo, MD
“Stress Download”	Music by: Jeremiah Calisang Lyrics by: A. B. Bellosillo, MD
“Personality and Coronary”	Music by: Jeremiah Calisang Lyrics by: A. B. Bellosillo, MD
“Ode To Corpulence”	Music by: Jeremiah Calisang Lyrics by: A. B. Bellosillo, MD

“At The Crow Of The Cock”

Music by: Jeremiah Calisang
Lyrics by: A. B. Bellosillo, MD

“Never At Dawn”

Music by: Jeremiah Calisang
Lyrics by: A. B. Bellosillo, MD

“Let Us Celebrate”

Music by: Jeremiah Calisang
Lyrics by: Jeremiah Calisang

“Time To Say Good Bye”

Music by: Jeremiah Calisang
Lyrics by: Jeremiah Calisang

MR. JOHNNY LITTON

Emcee

FORMAL OPENING OF THE EXHIBITS

Mrs. Imelda O. Cojuangco

Mr. Mars Lambino, assisting

Day 2,

Friday

January 25, 2008

0730

REGISTRATION

VISIT THE EXHIBITS

Symposium IV

Chair: Rodel Redor, MD (FLEHD Quezon Chapter)

0800 - 0830 The Importance of Heredity in the Pathogenesis of

Atherosclerosis Over Other Risk Factors

Norbert Lingling Uy, MD

0830 – 0900 The Anti-oxidants: Their Role in Atherogenesis

Eleanor Lopez, MD

0900 - 0930 Dietary Fibers: Mechanism in Lipid-Lowering

Noel Rosas, MD

0930 - 1000 OPEN FORUM

Matias Apistar, MD
FLEHD Iloilo Chapter
moderator

1000 – 1030 STRESS DOWNLOAD

VISIT THE EXHIBITS

WHEALTH, Inc.

Symposium V

Chair: Josefina Goh Cruz, MD (FLEHD Palawan Chapter)

1030 - 1100	Addressing the Issue of Aggressive Lipid-lowering Therapy	Leandro Bongosia, MD
1100 – 1130	Calcium Antagonists and Their Potentials for Slowing of Atherosclerosis	Vivian Serrano, MD
1130 - 1200	Statins: Effectiveness and Safety in Dyslipidemia Management	Jennifer G. Robinson, MD
1200 – 1230	OPEN FORUM	Adoracion Nambayan Abad, MD Moderator
1230 – 1400	LUNCH VISIT THE EXHIBITS ENTERTAINMENT	ASTRA ZENECA
	“You’ll Never Walk Alone”	Dr. Antonio Chua Laguna Chapter
	“Tonight” (West Side Story)	Atty. John Go Misamis Occidental Chapter
	“Some Enchanted Evening” (South Pacific)	Dr. Francisco Maleza Negros Occidental Chapter
	“With These Hands”	Dr. Manuel Manalo Camanava Chapter
	“Memory” (Cats)	Ms Daffodil Aveal Albay Chapter
	“The Way You Look Tonight”	Dr. Benbenato Garcia Batangas Chapter
	“Under My Skin”	Dr. Ramon Gonzalez Cagayan Chapter

“Walay Angay”

Cesar Yap, MD
FLEHD Capiz

Elizabeth Naval, MD
Dennis Labro, MD
EMCEE

SYMPOSIUM VI

Chair: Efren Jovellanos, MD (Pangasinan Chapter)

”Cardiovascular Diseases in the Different Regions of the Philippines:
Prevalence, Prevention Programs and Problems”

1400 – 1420 In the CAMANAVA Region	Ponciano Aberin, MD
1420 – 1440 In Palawan	Adelito Posas, MD
1440 – 1500 In Agusan del Norte	Sylvia Banaay Hangos, MD
1500 – 1530 In General Santos City	Ann Du Yabut, MD
1530 – 1600 OPEN FORUM	Raquel Sayo, MD CAMANAVA Chapter
1600 – 1630 STRESS DOWNLOAD VISIT THE EXHIBITS	BOEHRINGER INGELHEIM

SYMPOSIUM VII

Chair: Rene Huinda, MD (Capiz Chapter)

1630 – 1700 Stress As A Psychosocial Factor in Ischemic Cardiopathies	Perfecto Palafox, MD
1700 - 1730 Issues on the Link Between Hypertension and Coronary Artery Disease	Cesar Recto II, MD
1730 – 1800 Syndrome X as Cause for Hypertension	Francisco Maleza, MD Negros Occidental Chapter

1800 – 1830 OPEN FORUM

Achilles Esguerra, MD
Moderator

Day 3

Saturday

January 26, 2008

0730 REGISTRATION
VISIT THE EXHIBITS

SYMPOSIUM VIII

Chair: Cecil Carag, MD (Cagayan Chapter)

0800 – 0830 Maximizing Oxygen Utilization by Ischemic
Myocardium

Alberto Atilano, MD

0830 – 0900 Coconut Oil: The Virtues of Its Virginity

Otilia Garcia, MD
Laguna Chapter

0900 – 0930 Weight Management on High Risk
Cardiovascular Patients

Enrique del Fuerte, MD
Laguna Chapter

0930 – 1000 OPEN FORUM

Roberto del Rosario, MD
Albay Chapter
Moderator

1000 – 1030 STRESS DOWNLOAD
VISIT THE EXHIBITS

SERVIER

SYMPOSIUM IX

Chair: Roland Joseph Mejia, MD (Pangasinan Chapter)

1030 – 1100 Aspirin Trials in Coronary Artery Disease

Anthony Gebusion, MD
Negros Occidental Chapter

1100 – 1130 The Implementation of the Philippine
Anti-smoking Law

Alexander Mallari, MD

1130 – 1200 New Science for Smoking Cessation

Vincent Valencia, MD

1200 - 1230 OPEN FORUM

Generaldo Maylem, MD
Isabela Chapter
Moderator

1230 - 1400 LUNCH

PFIZER

VISIT THE EXHIBITS
ENTERTAINMENT

COMMUNITY SINGING

“Those Were The Days”

“I’m In The Mood For Love”

“Love Me The Way I Love You”

“Somewhere My Love”

“Hello Dolly”

“I Relieve”

“Ako Ay Pilipino

Romulo del Rosario, MD
Albay Chapter
EMCEE

Symposium IX

Chair: Ma. Luz Maapni, MD (Negros Occidental Chapter)

1400 – 1430 Reducing Ischemic Episodes Through Beta Blockers
and Isosorbide Dinitrate

Arthur Ascalon, MD
(Negros Occidental Chapter)

1430 – 1500 Reducing Cardiovascular Mortality and Morbidity
Through ARB and ACE Inhibitor

Joel Abanilla, MD

1500 – 1530 Of Fish and Fish Oil in Atherosclerosis
(Nothing Fishy)

Jennifer G. Robinson, MD

1530 – 1600 OPEN FORUM

Zenaida Torres, MD
Laguna Chapter

1600 – 1630 STRESS DOWNLOAD
VISIT THE EXHIBITS

NATRAPHARMA

1630

ORATORICAL CONTEST

“Preventive Cardiology: Its Time Has Come
and Act We Must Now”

SONGFEST

“How To Remain Young At Heart”

Invocation

Ken Villanueva, MD

Philippine National Anthem

The FLEHD Prayer “A Prayer To Serve”

The FLEHD Hymn “Serve Them We All Must Go”

Introduction of Dignitaries and Guests

Virgith Buena, RND

Words of Welcome

Mr. Jose S. Concepcion
FLEHD Board Chairman

Introductory Remarks

Adolfo B. Bellosillo, MD
FLEHD Founding President

The Rules of the Contest

Vincent Valencia, MD
FLEHD Secretary

Introduction of the Board of Judges

Ophelia Manlapit, MD
Angelita Aguirre, MD

Oratorical Contest Finalist No. 1

Songfest Finalist No. 1

Oratorical Contest Finalist No. 2

Songfest Finalist No. 2

Oratorical Contest Finalist No. 3

Songfest Finalist No. 3

Oratorical Contest Finalist No. 4

Songfest Finalist No. 4

Oratorical Contest Finalist No. 5

Songfest Finalist No. 5

Announcement of Winners and Awarding of Prizes:

Oratorical Contest

Chair: Board of Judges
Mr. Jose S. Concepcion
FLEHD Board Chairman

Songfest Contest

Chair: Board of Judges
Mr. Jose S. Concepcion
FLEHD Board Chairman

FLEHD Song of Thanksgiving
FLEHD Farewell Song

RECESSIONAL

Elizabeth Chin Naval, MD
Dennis Labro, MD
EMCEES

ORATORICAL CONTEST WINNERS

2004:

First Prize - Gracielle Banares (San Beda)
Second Prize - Jose Edwardo Mamat (UST)

2005:

First Prize - Yves Saint James Aquino (U.P.)
Second Prize - Jaymie Ang (UST)

2006:

First Prize - Stephanie Alcantara (U.P.)
Second Prize - Louell Sala (St. Luke's)

2007:

First Prize - Marjorie Launico (De La Salle, Cavite)
Second Prize - Mary Ruth Sanchez (PLM)

