



**1200 – 1230 STRESS DOWNLOAD  
VISIT THE EXHIBITS**

**1200 – 1230 FREE DISCUSSION ON SESSIONS I AND II**

**1230 – 1330 GASTRONOMIC REFILL  
VISIT THE EXHIBITS**

**1330 – 1500 OPENING CEREMONY**

**The FLEHD Prayer “A Prayer to Serve”  
The Philippine National Anthem  
The FLEHD Hymn “Save Them We All Must Go”**

**The U.P. Concert Chorus  
The U.P. Concert Chorus  
The U.P. Concert Chorus**

**Introduction of Dignitaries and Guests**

**Lucita Jalbuena, MD**

**Words of Welcome**

**Jimmy Jay Bullo, MD  
President, FLEHD Iloilo Chapter**

**Introduction of the Keynote Speaker**

**Address of the Keynote Speaker**

**Introductory Remarks**

**Adolfo Bellosillo, MD  
President (National), FLEHD**

**“HOW TO REMAIN YOUNG AT HEART: the Musical”  
Excerpts**

**Jai Sabas Aracama  
The U.P. Concert Chorus**

**1500 – 1530 STRESS DOWNLOAD  
VISIT THE EXHIBITS**

**SESSION III Diagnostic Procedures in Atherosclerosis (A)**

**1530 – 1600 The ECG: indications and limitations**

**Ken Villanueva, MD**

**1600 - 1630 The troponins: rationale for their use and applications**

**Benny Barbas, MD**

**1630 – 1700 Echocardiography in atherosclerosis**

**Francisco Maleza, MD**

**1700 – 1730 FREE DISCUSSION FOR SESSION III  
VISIT THE EXHIBITS**

**Day 2**

**July 9, 2011, Saturday**

**0730 – 0800 REGISTRATION  
VISIT THE EXHIBITS**

**SESSION IV Diagnostic Procedures in Atherosclerosis (B)**

**0800 – 0830 The treadmills exercise test: indications, contraindications  
and limitations**

**Mariano Lopez, MD**

**0830 – 0900 Ambulatory cardiac (Holter) monitor – information obtained  
from its use**

**Efren Vicaldo, MD**

**0900 – 0930 Impedance Cardiography: a “must” procedure prior to  
pharmaceutical intervention in hypertension and CHF**

**Adolfo Bellosillo , MD**

**0930 – 1000 STRESS DOWNLOAD  
VISIT THE EXHIBITS**

**SESSION V Pharmaceutical Interventions in Atherosclerosis (A)**

**1000 – 1030 Cytoprotection to improve oxygenation of ischemic  
myocardium**

**Alberto Atilano, MD**

**1030 – 1100 Acute coronary syndrome and antiplatelet therapy**

**Efren Vicaldo, MD**

**1100 – 1130 Hypertriglyceridemia; its link to atherosclerosis and how  
best managed**

**Mariano Lopez, MD**

**1130 – 1200 FREE DISCUSSION for Sessions IV and V**

**1200 – 1330 GASTRONOMIC REFILL  
VISIT THE EXHIBITS**

**SESSION VI Pharmaceutical Interventions in Atherosclerosis )B)**

**1330 – 1400 The role of fibers in dyslipidemia Rene Huinda, MD**

**1400 – 1430 Omega 3 fatty acids – its effectiveness in control of dyslipidemia Rosan Trani, MD**

**1430 – 1500 Managing patients with low HDL Rhoda Mae Almenana, MD**

**1500 – 1530 STRESS DOWNLOAD  
VISIT THE EXHIBITS**

**SESSION VII - Special Issues**

**1530 – 1600 Isolated systolic hypertension Alberto Atilano, MD**

**1600 – 1630 Beta blockers in chronic congestive heart failure Delia Caracut, MD**

**1630 – 1700 Hypertension with dyslipidemia Vincent Valencia, MD**

**1700 – 1750 OPEN DISCUSSION for Session VI and VII**

**1750 FARE THEE WELL**