

11th NATIONAL ANNUAL CONVENTION ON PREVENTIVE CARDIOLOGY
January 27-29, 2011
Carlos P. Romulo Auditorium, RCBC Plaza
Ayala Avenue, Makati City

PROGRAMME

Day 1
January 27, 2011
Thursday

0730 - 0800 REGISTRATION
VISIT THE EXHIBITS

0800 – 0830 The scientific program – an overview **Adolfo Bellosillo, MD**

SPECIAL COURSE IN TREADMILL EXERCISE TEST

SESSION 1 - Introduction

0830 – 0900 Historical Background, Indications and
contraindications (absolute and relative) **Adolfo Bellosillo, MD**

0900 – 0930 Parameters to be measured; the exercise protocols **Melisa Bernardo, MD**

0930 – 1000 Indications for termination of exercise **Rojohn Maliwat, MD**

1000 – 1030 OPEN DISCUSSION

SESSION 2 – ECG patterns and their significance A

1030 – 1100 The normal exercise electrocardiogram; Physiologic
Responses of the Ischemic Heart **Edwin Wenceslao, MD**

1100 – 1130 The abnormal exercise electrocardiogram I
(S-T segment and T wave changes) **Adolfo Bellosillo, MD**

1130 – 1200 The abnormal exercise electrocardiogram II
(bundle branch blocks, hemiblocks, A-V blocks) **Melisa Bernardo, MD**

1200 – 1300 OPEN DISCUSSION
GASTRONOMIC REFILL
CUTTING OF THE RIBBON AND OPENING OF EXHIBITS

1300 - 1530 OPENING CEREMONY

**Invocation: The FLEHD Prayer (“A Prayer to Serve”)
The Philippine National Anthem
The FLEHD Hymn (“Save Them We All Must Go”)**

Introduction of guests

**Vincent Valencia, MD
Secretary, FLEHD**

Words of Welcome

**Jose S. Concepcion
Board Chairman, FLEHD**

SOFA (State of the Foundation Address)

**Adolfo Bellosillo, MD
President, FLEHD**

SPECIAL PERFORMANCE

“How To Remain At Heart: The Musical Drama”

Music by: Jeremiah Calisang

Lyrics and Libretto by: Adolfo Bellosillo, MD

Featuring:

Jai Sabas Aracam, mezzo soprano

Jeremiah Calisang, tenor

Ervin Lumauag, tenor

The U. P. Concert Chorus

The FLEHD Ballet Artists

Choreography by: Ronilo Jaynario

Direction by: Adolfo Bellosillo, MD

SESSION 3 – Abnormal exercise ECG B

1530 – 1600 Exercise induced arrhythmias

Adolfo Bellosillo, MD

**1600 – 1630 Effects of metabolic abnormalities and
drugs on exercise ECG**

Rojohn Maliwat, MD

1630 – 1700 Predictive Implications of Exercise Stress Testing

Mariano Lopez, MD

1700 – 1730 OPEN DISCUSSION

Day 2
January 28, 2011
Friday

0730 – 0830 REGISTRATION
VISIT THE EXHIBITS

SESSION IV – Revisiting the basics of Heart Failure A

0830 – 0900 Epidemiology and magnitude of the problem **Alberto Atilano, MD**

0900 – 0930 Molecular mechanisms and regulation of
myocardial contraction **Edwin Tucay, MD**

0930 – 1000 Compensatory mechanisms in maintaining
cardiac output **Francisco Maleza, MD**

1000 – 1030 OPEN DISCUSSION

SESSION V – Revisiting the basics of Heart Failure B

1030 – 1100 Determinants of cardiac function **Cesar Recto II, MD**

1100 – 1130 Musculoskeletal metabolism in heart failure **Norbert Lingling Uy, MD**

1130 – 1200 Factors triggering cardiac decompensation **Edwin Wenceslao, MD**

1200 – 1230 OPEN DISCUSSION

1230 – 1400 SPECIAL LECTURE
GASTRONOMIC REFILL
VISIT THE EXHIBITS

SESSION VI – Revisiting the basics of Heart Failure C

1400 – 1430 The influence of the rennin-angiotensin system **Simonette Ganzaon, MD**

1430 – 1500 Differentiating backward from forward heart failure;
high-output from low-output heart failure **Perfecto Palafox, MD**

1500 – 1530 Differentiating diastolic from systolic heart failure;
clinical significance and implications **Adolfo Bellosillo, MD**

1530 – 1600 OPEN DISCUSSION

SESSION VII – Diagnosis and differential diagnosis of Heart Failure

- 1600 – 1630 Clinical presentations of a failing heart Zenaida Uy, MD**
- 1630 – 1700 Diagnostic tools in the evaluation of cardiac decompensation Eleanor Lopez, MD**
- 1700 – 1730 OPEN DISCUSSION
VISIT THE EXHIBITS**

**Day 3
January 29, 2011
Saturday**

- 0730 – 0830 REGISTRATION
VISIT THE EXHIBITS**

SESSION VIII – Therapeutic approaches to Acute Heart Failure

- 0830 – 0900 Therapeutic concepts Freman Cerezo, MD**
- 0900 – 0930 Management of patients with acute pulmonary edema Ken Villanueva, MD**
- 0930 – 1000 Management of left-sided failure in acute myocardial failure Joel Abanilla, MD**
- 1000 – 1030 OPEN DISCUSSION**

SESSION IX - Therapeutic approaches to Chronic Heart Failure

- 1030 - 1100 Therapy with cardiac glycosides Leandro Bongosia, MD**
- 1100 - 1130 The diuretics versus the nitrates Adolfo Bellosillo, MD**
- 1130 - 1200 The Calcium antagonists and the ACE inhibitors Vincent Valencia, MD**
- 1200 - 1230 OPEN DISCUSSION**
- 1230 – 1400 SPECIAL LECTURE
GASTRONOMIC REFILL
VISIT THE EXHIBIT**

SESSION X – Therapeutic approaches to Chronic Heart Failure

- 1400 – 1430 Antiarrhythmic therapy in heart failure Elson Sedilla, MD**
- 1430 – 1500 Anticoagulation in heart Failure Efren Vicaldo, MD**

1500 – 1530 Cardiac rehabilitation

Enrique del Fuerte, MD

1530 – 1600 OPEN DISCUSSION

SESSION XI – Cardiogenic Shock

1600 – 1630 Clinical presentation and hemodynamics

Rey Kasilag, MD

1630 - 1700 Medical management

Adoracion Nambayan Abad, MD

1700 – 1730 Mechanical circulatory support

Noel Rosas, MD

1730 – 1800 OPEN DISCUSSION

FARE THE WELL