

FOUNDATION FOR LAY EDUCATION ON HEART DISEASES, INC.
(A World Heart Federation Associate National Member)

10th REGIONAL ASSEMBLY ON PREVENTIVE CARDIOLOGY FOR PHYSICIANS

Theme: “**Basic cardiology courses for better and effective preventive cardiology practices**”

June 22 – 23, 2012

Chong Hua Hospital
Llorente St., Cebu City

P R O G R A M M E

Day 1
June 22, 2012
Friday

0730 – 0830	REGISTRATION PHARMACEUTICAL FAIR	
0830 – 0900	INTRODUCTION TO THE COURSES	Adolfo Bellosillo, MD
Course 1	<u>KNOWING THE HEART AND HOW IT WORKS</u>	
0900 – 0930	The heart as a pumping organ: its architectural structure, Its electrical system and the arterial and venous conduits	Delia Caracut, MD
0930 – 1000	The art of history taking in patients with cardiovascular dysfunction	Jane Galang, MD
1000 – 1030	SPECIAL LECTURE PHARMACEUTICAL FAIR	
1030 – 1200	The physical examination of the cardiovascular system	Adolfo Bellosillo, MD
1200 – 1230	Question and answers in regard to topics in Course 1	
1230 – 1400	SPECIAL LUNCH LECTURE GASTRONOMIC REFILL MUSICAL INTERLUDE PHARMACEUTICAL FAIR	FLEHD Cebu Chapter
Course II	<u>DIAGNOSTIC AIDS IN CARDIOVASCULAR DISEASES (A)</u>	
1400 – 1430	The sphygmomanometer: its clinical uses, proper Techniques and pitfalls	Zenaida Uy, MD

1430 – 1500 The electrocardiogram and the Chest X-ray: indications and limitations in the diagnosis of CV problems Adolfo Bellosillo, MD

1500 – 1530 SPECIAL LECTURE
PHARMACEUTICAL FAIR

Course III **DIAGNOSTIC AIDS IN CARDIOVASCULAR DISEASES (B)**

1530 – 1600 Anatomical and physiological information derived from The use of the echocardiogram Mariano Lopez, MD

1500 – 1630 The cardiac enzymes: its utilization in myocardial damage detection and limitations Efren Vicaldo, MD

1630 – 1700 Questions and Answers involving topics in Course II and III
PHARMACEUTICAL FAIR

Day 2
Saturday
June 23, 2012

0730 – 0830 REGISTRATION
PHARMACEUTIC FAIR

Course IV **DAIGNOSTIC AIDS IN CARDIOVASCULAR DISEASES (C)**

0830 – 0900 Ambulatory blood pressure device: when to use it Leslie Adlaon, MD

0900 – 0930 Learning the basics of treadmill exercise testing Ma. Rosan Trani, MD

0930 – 1000 Detecting early stage of atherosclerosis through arterial pulse wave analysis Benny Barbas, MD

1000 – 1030 SPECIAL LECTURE
PHARMACEUTICAL FAIR

Course V **DIAGNOSTIC AIDS IN CARDIOVASCULAR DISEASES (D)**

1030 – 1100 24-Holter monitoring – what information may be obtained from its use Marivic Vestal, MD

1100 – 1130 Is the choice of antihypertensive a guessing game? The role of Impedance Cardiogram in the management of patients with hypertension and in congestive heart failure Adolfo Bellosillo, MD

1130 – 1200 Questions and answers to the topics in Courses IV and V

1200 – 1400 SPECIAL LECTURE
 GASTRONOMIC REFILL
 PHARMACEUTIC FAIR
 MUSICAL INTERLUDE
 “How To Remain Young At Heart: The Musical
(version staged in Italy)
 Music by: Jeremiah Calisang
 Lyrics and libretto by: Adolfo B. Bellosillo, MD
 Jai Sabas Aracama, mezzo soprano
 The U.P. Concert Chorus
 The FLEHD Ballet Artists]
 Choreography by: Ron Jaynario
 Direction by: Adolfo B. Bellosillo, MD

Course VI **ISSUES AND CONCERNS IN CV DISEASES
 ENCOUNTERED IN PRIVATE PRACTICE (A)**

1400 – 1430	Handling the patient with complaints of “palpitation”	Alberto Atilano, MD
1430 – 1500	Approach to the patient with hypotension	Adolfo Bellosillo, MD
1500 – 1530	SPECIAL LECTURE PHARMACEUTICAL FAIR	

Course VII **ISSUES AND CONCERNS IN CV DISEASES
 ENCOUNTERED IN PRIVATE PRACTICE (B)**

1530 – 1600	Paradigm shift in handling patients with congestive heart failure	Noel Rosas, MD
1600 – 1630	Circadian variation in CVD: its clinical implications in drug prescriptions, exercise testing, exercise recommendations, and sexual activities	Adolfo Bellosillo, MD
1630 – 1700	Questions and answers on topics in Courses VI and VII	
1700	PHARMACEUTIC FAIR FARE THEE WELL	