

**10th NATIONAL ANNUAL CONVENTION
ON PREVENTIVE CARDIOLOGY**

PROGRAMME

**Day 1
Thursday
January 28, 2010**

**0730 - 0800 REGISTRATION
VISIT THE EXHIBITS**

0800 - 0830 The Scientific Program – An Overview Adolfo Bellosillo, MD

SESSION 1 – The Process of Atherosclerosis

0830 - 0900 The genesis of atherosclerosis – A review Leandro Bongosia, MD

0900 - 0930 Clinical consequences of atherosclerosis Alberto Atilano, MD

0930 - 1000 Is arrest/regression of the process of atherosclerosis possible? Joel Abanilla, MD

1000 - 1030 OPEN DISCUSSION

SESSION 2 – Risk factors for Atherosclerosis (MAJOR)

1030 - 1100 Hypertension: Its major impact on the cardiovascular system Belen Carisma, MD

1100 - 1130 Cholesterol: beyond numbers Teresa Abola, MD

1130 - 1200 Smoking: Understanding the neurobiology of nicotine addiction Ken Villanueva, MD

1200 - 1230 OPEN DISCUSSION

**1230 - 1400 SPECIAL LECTURE
STRESS DOWNLOAD (Lunch Break)
VISIT THE EXHIBITS**

SESSION 3 – Risk factors for Atherosclerosis (EMERGING)

1400 - 1430 The intrauterine environment and Atherosclerosis Adolfo Bellosillo, MD

1430 - 1500	The inflammatory process and CRP in Atherosclerosis	Perfecto Palafox, MD
1500 - 1530	The Vitamins (or deficiency of them) and Atherosclerosis	Adolfo Bellosillo, MD
1530 - 1600	OPEN DISCUSSION	
1600 -	OPENING CEREMONY	

Invocation: “The FLEHD Prayer”
The Philippine National Anthem
FLEHD Hymn: “Save Them We All Must Go”

Introduction of Guests **Vincent Valencia, MD**
Secretary, FLEHD

Words of Welcome **Mr. Jose Concepcion**
Board Chairman, FLEHD

SOFA (The State of the Foundation Address **Adolfo Bellosillo, MD**
President, FLEHD

Presentation of Awards **Mr. Jose Concepcion**
Ophelia Manlapit, MD

Introduction of the Keynote Speaker **Eleanor Lopez, MD**
Address of the Keynote Speaker **Alejandro Rufino Prieto, MD**

**“Preventive Cardiology: the better way to
slash cardiovascular morbidity and mortality”**

SPECIAL TRIBUTE to Mr. Jose Concepcion
“HOW TO REMAIN YOUNG AT HEART: The Opera”

Music by: Jeremiah Calisang
Lyrics and Libretto by: Adolfo Bellosillo, MD
Featuring:
Jai Sabas Aracama, mezzo soprano
Jeremiah Calisang, tenor and accompanist
Ervin Lumauag, tenor
The Philippine Ballet Theater
Choreography by: Ronilo Jaynario
Direction by: Adolfo Bellosillo

CUTTING OF THE RIBBON AND OPENING OF THE EXHIBITS
Mrs. Nedy Tantoco, Mrs. Marixi Rufino Prieto, Mrs. Nellie Bengzon
and Mr. Mars Lambino

RECEPTION

Day 2
Friday
January 29, 2010

0730 - 0830 REGISTRATION
VISIT THE EXHIBITS

SESSION 4 - Coronary Artery Disease Benchmarks

0830 - 0900 Clinical Manifestations **Francis Maleza, MD**

0900 - 0930 The Electrocardiogram: usefulness and limitations in the diagnosis of Coronary Artery Disease **Noel Rosas, MD**

0930 - 1000 The Biomarkers of myocardial damage **Cesar Recto II, MD**

1000 - 1030 OPEN DISCUSSION

SESSION 5 – Coronary Artery Disease Management Spectrum

1030 - 1100 Medical approach in the management of chronic Coronary Artery Disease **Edwin Wenceslao, MD**

1100 - 1130 Handling the patient with Acute Coronary Syndrome **Norbert L. Uy, MD**

1130 - 1200 Cardiac rehabilitation after a coronary event **Enrique del Fuerte, MD**

1200 - 1230 OPEN DISCUSSION

1230 - 1400 SPECIAL LECTURE “Interventional Procedure in the Management of Coronary Artery Disease” **Alejandro R. Prieto, MD**

STRESS DOWNLOAD (Lunch Break)
VISIT THE EXHIBITS

SESSION 6 - Advancing the Advocacy for Preventive Cardiology

1400 - 1430 Government Initiatives through the Dept. of Health **Yolanda Oliveros , MD**
Dir., National Center for Disease Prevention & Control
Department of Health

1430 - 1500 Creating Awareness through the Philippine medical school network **Alberto Roxas, MD**
Dean, U.P. College of Medicine

1500 - 1530 Reaching out to general population through print media **The Phil. Daily Inquirer**

1530 - 1600 OPEN DISCUSSION

SESSION 7 – Pharmacological Tools Commonly Used In Ischemic Heart Disease

1600 – 1630 The rationale, mechanism of action, the complications, and recommended dosage of Aspirin **Simonette Ganzon, MD**

1630 – 1700 The other antithrombotics, used singly or in combination **Mariano Lopez, MD**

1700 - 1730 The thrombolytics in acute coronary events **Eleanor Lopez, MD**

1730 – 1800 OPEN DISCUSSION

**Day 3
Saturday
January 30, 2010**

**0730 - 0830 REGISTRATION
VISIT THE EXHIBITS**

SESSION 8 – Acute Myocardial Infarction Among Special Groups

0830 - 0900 Acute Myocardial Infarction in the young **Aurelia Leus, MD**

0900 - 0930 Acute Myocardial Infarction among women **Zenaida Uy, MD**

0930 - 1000 Acute Myocardial Infarction with non-atherosclerotic coronaries **Alberto Atilano, MD**

1000 - 1030 OPEN DISCUSSION

SESSION 9 – The basics of primary hypertension

1030 - 1100 Overview of the pathogenesis **Elson Sedilla, MD**

1100 - 1130 Natural history of primary hypertension **Freman Cerezo. MD**

1130 - 1200 The Evaluation of the hypertensive patient **Adoracion Nambayan Abad, MD**

1200 - 1230 OPEN DISCUSSION

**1230 - 1400 SPECIAL LECTURE
STRESS DOWNLOAD (Lunch Break)
INDUCTION OF NEW CHAPTER OFFICERS
TALENT SHOW (FLEHD Bicol Chapter)
VISIT THE EXHIBITS**

SESSION 10 – Treatment of Hypertension

1400 – 1430 Rationale and Goals George Ramos, MD

1430 - 1500 Hazards of therapy of Hypertension Ofelia Samar Sy, MD

1500 - 1530 Hypertension in Children: characteristics and management Regente Lapak, MD

**SESSION 11 – Drug Therapy of Hypertension in the
Adult Population**

1530 - 1600 General Guidelines Efren Vicaldo, MD

1600 - 1630 Specifics about antihypertensive drugs Vincent Valencia, MD

1630 - 1700 In the search for the ideal antihypertensive, is the end in sight? Adolfo Bellosillo, MD

1700 - 1730 OPEN DISCUSSION

**1730 CONCLUDING STATEMENTS
FARE THE WELL**